Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: HOZT

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Melis Tom

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 18: 100M FREESTYLE WOMEN 11-12 Heat:6, starttime: 11:30

Heat: 6/15 Lane : 3 Athlete: VAN DIJCK LOTTE **Q-time: 01:20:49**

PB (25m pool): 01:20.49 Nijlen 18/10/2026 **PB (50m pool):** 01:20.97 **SB:** 01:20.49 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.56		01:20.49	
		00:38.56		*00:41.93*	
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Coach feedback: